

**NYU Winthrop**  
Hospital

**TO GO FAR – GO TOGETHER:**

# **TEAM APPROACHES TO IBD QUALITY CARE**

**APRIL 12, 2019**

**NYU WINTHROP RESEARCH & ACADEMIC  
CONFERENCE CENTER**

NYU Winthrop Hospital  
Mineola, New York



Accredited by NYU Winthrop Hospital  
Approved for 3.25 CME-CE Credits  
Up to 3.00 ABIM MOC Points

# OVERVIEW

Inflammatory bowel disease is a chronic autoimmune disorder, which targets primarily, though not exclusively, the digestive system. It is traditionally thought to be comprised of two distinct clinical entities, Crohn's disease and ulcerative colitis. The disease affects approximately 10,000 people on Long Island. Patients typically present in their teens-thirties, and there is a second peak of incidence between 40 and 60 years old. As a result, this disease requires close lifetime management at times of flare as well as quiescence. The care of these patients requires close collaboration between pediatric and adult gastroenterology, internal medicine, surgery, obstetrics-gynecology and psychiatry, to name a few disciplines. NYU Winthrop Hospital has been developing this network of providers over the past decade to assure that timely, evidence-based, quality care is provided to all our patients living with IBD.

NYU Winthrop Hospital is a 591 bed academic medical center that has recently affiliated with NYU Langone Medical Center with a firm commitment to community service. We train annually 65 fellows in 24 specialties, and over 250 residents. We were awarded 2015-2018 Excellence Award in Treatment of gastrointestinal bleed and small intestinal surgeries by Healthgrades, an award reserved for the top 5% of national programs. The institution hosts a prestigious Advanced Endoscopy Live Course annually, showcasing our ability to manage complex endoscopic lesions as well as our unique expertise in POEM (per-oral endoscopic myotomy) procedures. Faculty members sit on national committees with such diverse interests as radiology guidelines for colon cancer screening and professional education in IBD management. The American College of Gastroenterology (ACG) also recently awarded NYU Winthrop Hospital a grant for the development of a computerized order set for inpatient IBD management.

The hospital works closely with the Long Island chapter of the Crohn's and Colitis Foundation of America to increase awareness and provide support for both patients living with this disease and providers searching for better treatment methods.

This course brings together a group of experts, who will discuss and engage the audience to help improve the existing knowledge gap, review the latest guidelines and newer treatment options for patients with IBD. The planners of the course believe the learners will gain competence to evaluate and treat patients with IBD and improve care outcomes for their patients in a team approach.

## LEARNING OBJECTIVES

At the end of this symposium, learners should be able to:

- Review American College of Gastroenterology preventive care clinical recommendations for patients with IBD
- Identify risk factors associated with mental health conditions in patients with IBD
- Identify opportunities for clinicians across diverse backgrounds to meaningfully collaborate in the advancement of IBD science
- Implement a customized obstetrical plan of care for patients with IBD
- Discuss how enhanced recovery pathways have improved patient outcomes
- Identify the risk factors for developing colon cancer in IBD
- Identifying the role of surgery in caring for the IBD patient

## TARGET AUDIENCE

Surgeons, internists, pediatric and adult gastroenterologists, obstetrician-gynecologists, psychiatrists, physician assistants, nurse practitioners, nurses, social workers, residents and fellows.

## ACCREDITATION

### ACCME Accreditation

NYU Winthrop Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

NYU Winthrop Hospital designates this live activity for a maximum of accredited for **3.25 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### MOC Statement



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **3.0 MOC points** in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participation completion information to ACCME for the purpose of granting ABIM MOC credit.

### Nursing Accreditation

NYU Winthrop Hospital is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation through October 4, 2020. **3.25 contact hours** will be awarded. **Provider# NY009-2020**

## FACULTY DISCLOSURE

It is the policy of NYU Winthrop Hospital to adhere to ACCME, NEMSD and ANCC accreditation requirements, policies and Standards for Commercial Support in order to ensure content validity, fair balance, independence, objectivity and scientific rigor in all its sponsored programs. All faculty, planners and authors of educational content, who participate in sponsored programs, must disclose to the audience any potential, apparent or real conflicts of interest related to their contribution to the activity, as well as any discussions of off-label or investigational uses of any commercial products or devices not yet approved in the United States. All faculty disclosures will be made at the time of the activity.

# AGENDA

- 7:30a **REGISTRATION/BREAKFAST/EXHIBITS**
- 8:15a **WELCOME & INTRODUCTIONS**  
Raluca Vrabie, MD
- 8:30a **UPDATE ON DYSPLASIA SURVEILLANCE IN IBD**  
Thomas Ullman, MD
- 9:00a **HEALTH MAINTENANCE IN IBD**  
Francis Farraye, MD, MSc
- 9:30a **IMPROVING IBD CARE THROUGH COLLABORATIVE RESEARCH:  
The New York Crohn's and Colitis Foundation**  
Lea Ann Chen, MD
- 10:00a **BREAK AND EXHIBITS**
- 10:20a **MENTAL HEALTH CARE IN IBD**  
Eva Szigethy, MD, PhD
- 10:50a **WHAT'S NEW IN THE SURGICAL TREATMENT OF IBD?**  
Toyooki Sonoda, MD
- 11:20a **I AM PREGNANT, NOW WHAT?**  
Martin Chavez, MD
- 11:50a **CLOSING REMARKS**
- 12:00p **ADJOURN**

# FACULTY



## **Raluca Vrabie, MD\***

*(Activity Director)*

Director, Inflammatory Bowel Disease Center  
NYU Winthrop Hospital  
Mineola, NY

## KEYNOTE ADDRESSES



## **Francis Farraye, MD**

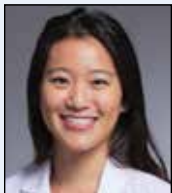
Co-Director for Digestive Disorders  
Boston Medical Center  
Professor of Medicine  
Boston University School of Medicine  
Boston, MA



## **Thomas Ullman, MD**

Chief, Division of Gastroenterology  
Montefiore Medical Center  
Professor of Medicine  
Division of Gastroenterology  
Albert Einstein College of Medicine  
Bronx, NY

## GUEST FACULTY



## **Lea Ann Chen, MD**

Attending Gastroenterologist  
NYU Langone Medical Center  
Professor of Medicine  
New York University School of Medicine  
New York, NY



## **Eva Szigethy, MD**

Director, Total Care IBD  
Director, Division of Behavioral Health  
Founder, Visceral Inflammation and Pain Center  
Professor of Psychiatry, Medicine and Pediatrics  
University of Pittsburgh School of Medicine  
Pittsburgh, PA



## **Martin Chavez, MD**

Director, Division of Maternal Fetal Medicine  
NYU Winthrop Hospital  
Mineola, NY  
Clinical Associate Professor of  
Obstetrics and Gynecology  
New York University School of Medicine  
New York, NY



## **Toyooki Sonoda, MD**

Attending Colorectal Surgeon  
NYU Winthrop Hospital  
Mineola, NY  
Clinical Associate Professor of Surgery  
Stony Brook University School of Medicine  
Stony Brook, NY

## PLANNING COMMITTEE

### **Amanda Noble, BSN**

Gastroenterology Nurse Educator  
NYU Winthrop Hospital  
Mineola, NY

### **Mary Rzeszut, MSW, LCSW-R, C-HCSW**

Behavioral Health Social Worker  
NYU Winthrop Hospital  
Mineola, NY

### **Rob Martin, MBA, CHCP, CPHIMS**

Assistant Dean, Director of CME  
NYU Winthrop Hospital  
Mineola, NY

### **Peter Sandre, BA**

Manager of CME Events and Compliance  
NYU Winthrop Hospital  
Mineola, NY

### **Charlene Pellicane**

Academic Coordinator – Division of Inflammatory Bowel Disease  
NYU Winthrop Hospital  
Mineola, NY

**\*Planning Committee Member**

# ANNOUNCING THE RESIDENT/FELLOW POSTER COMPETITION IN IBD AND GI QUALITY:

- Open to Residents/Fellows from accredited GME programs
- Up to three finalists will be announced on April 5 and will receive free admission to the IBD Symposium
- Finalists will display/discuss their poster during symposia pre-arrival and breaks (poster dimensions up to 36" h X 60" w)
- Posters should be emailed to [Raluca.Vrabie@nyulangone.org](mailto:Raluca.Vrabie@nyulangone.org) no later than **March 22, 2019**



# REGISTRATION

**We accept online registration ONLY for all NYU Winthrop CME-CE courses. Please register at [winthrop.cloud-cme.com](http://winthrop.cloud-cme.com) **SPACE IS LIMITED. REGISTER EARLY.****

## LOCATION

NYU Winthrop Research & Academic Conference Center  
Main Level  
101 Mineola Boulevard  
Mineola, NY 11501

## REGISTRATION FEES

### EARLY BIRD RATES - Until Sunday March 3, 2019 at 11:59 PM EST

\$120 Non-NYU Winthrop/Langone Physicians  
\$100 NYU Winthrop/Langone Physicians  
\$60 Non-NYU Winthrop/Langone RNs, NPs, PAs  
\$50 NYU Winthrop/Langone RNs, NPs, PAs  
\$25 Non-NYU Winthrop/Langone Residents and Fellows (with valid ID)  
FREE NYU Winthrop/Langone Residents and Fellows (with valid ID)

### Registration Fees AFTER Sunday March 3, 2019 at 11:59 PM EST

\$150 Non-NYU Winthrop/Langone Physicians  
\$120 NYU Winthrop/Langone Physicians  
\$75 Non-NYU Winthrop/Langone RNs, NPs, PAs  
\$60 NYU Winthrop/Langone RNs, NPs, PAs  
\$25 Non-NYU Winthrop/Langone Residents and Fellows (with valid ID)  
FREE NYU Winthrop/Langone Residents and Fellows (with valid ID)  
FREE Poster Finalists (Finalists will be announced on Friday April 5, 2019)

**ACCOMMODATIONS** We do not have a discounted room block for this meeting. However, if you require a hotel, we suggest that you contact the Garden City Hotel by calling 1-800-547-0400.

## PARKING

Parking is available at any of these convenient campus lots:

- Mineola Intermodal Center at 65 3rd Ave., Mineola (Payment required).
- NYU Winthrop Campus Visitor's Parking Garage (access via Emergency entrance at 2nd & 3rd Ave. Payment required).
- 120 Mineola Blvd. Ramp (Free parking on weekends above level 2 only, other levels will be fined).

NOTE: Parking will not be validated in any NYU Winthrop campus lots.

**CONFIRMATION** All registrants will receive a confirmation via email.

**CANCELLATION** A handling fee of \$25 is deducted for cancellation. Refund requests must be received by email 72 hours prior to the course to [Keyana.Golds@nyulangone.org](mailto:Keyana.Golds@nyulangone.org) No refund will be made thereafter.

**SPECIAL NEEDS** The NYU Winthrop Research & Academic Conference Center is accessible to individuals with disabilities or special needs. Participants with special needs should contact the Office of CME at 516-663-8459.

**MORE INFORMATION** If you experience technical problems with the online system, wish to register a group, or require other special arrangements; please contact Keyana Golds at 516-663-9685 or via email at [Keyana.Golds@nyulangone.org](mailto:Keyana.Golds@nyulangone.org) for assistance.

**NYU Winthrop**  
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222 Station Plaza North, Suite 510  
Mineola, NY 11501

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Mineola, NY

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Register Online  
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